

Fluoride

The American Academy of Pediatrics recommends that fluoride supplements only be given after 6 months, and only to children at high risk for developing cavities and whose primary water source is deficient in fluoride. Currently in Northeastern Pennsylvania, our public water is not fluorinated therefore a multivitamin with fluoride is recommended until age ten while the teeth are developing. Your child's provider will prescribe a multivitamin with fluoride starting at 6 months of age.

(Adapted Reference: kellymom.com)